

## P.S. 035 Manhattan High School Course Syllabus

Course Code: PPS11QQB  
Course Name: Physical Education  
Teacher Name: Mr. Geller  
Year and Term: Spring 2018

**Learning Standards:** Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health. Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment. Students will understand and be able to manage their personal and community resources.

**Course Description:** Students will engage in a variety of exercise and sport routines designed to engage and increase cardiovascular strength, muscular endurance, muscular strength and flexibility. Likewise, the students will engage in activities designed to improve social connections between students.

**Calendar or Unit Map:** Fitness Gram, Pickleball, Frisbee, Basketball, Backyard Games

**Course Materials:** Various Exercise and Sport Equipment

**Grading Policy:** Participation 50%, Performance Task 20%, Sneakers 20%, Written Work/Tests 10%

**Other Expectations:** Students will be expected to have sneakers on for every physical education class. Students will not be allowed to have ear buds in their ears, phones out, hoods or doo rags on or use any form of negative or derogatory language in any regards. Students will respect the facility and the equipment used. As the weather gets warmer out, some classes will be taught in a nearby park.