

**Manhattan High School**  
**Physical Education Program**  
**2017-2018**

**Course Codes: PPS11QQM-04, PPS11QQM-05 AND PPS1QQM-06**

**VISION-** To inspire, motivate and assist: Believing that through Physical Education students will develop the skills necessary to achieve physical, social and emotional growth.

**GOALS**

- Students will demonstrate acceptable personal and social behavior
- Students will respect staff, peers, themselves, PE equipment and the PE areas
- Students will learn anatomy and physiology
- Students will participate in all activities, unless the student has a legal exemption excusing them from participation
- Students will show competency during the Fitnessgram
- Students will exhibit excellent sportsmanship

PE AREAS= Gymnasium, Rooftop gymnasium or any other off site facility

**GUIDELINES**

Fighting, cursing, trash talking, gambling, hats, doo-rags, food, drinks (soda, juice etc.) are not permitted in any of the PE areas.

Staff is not responsible for your personal belongings. Please use the provided lockers or leave valuables with security.

Enter the gymnasium through the front doors and exit through the front doors unless otherwise instructed

At no time should students enter the gym or any PE area before the period begins or before instructed to do so. Do not leave before the bell, unless given permission. Students who leave early will be given a zero for the day and not allowed back in the gym.

Please be on time. If you are more than 10 minutes late, you must have a pass otherwise you will not be allowed into the gym and given a zero for the day.

Please maintain personal hygiene. The staff can provide hygiene items for your personal use. Confidentiality will be used by the staff for the students who ask for personal hygiene items.

Please be prepared to participate in all activities. Refusal to do so will result in a lower grade and possible failure for the semester. (Changing of clothes is recommended after activities.)

All PE activities will take place in the main gymnasium/rooftop deck/or weight room. On occasion trips will be taken, with signed permission slips only, to area parks and city facilities.

At any time the gym can be closed for other activities or repairs. There will be no make-up classes for the time the gymnasium is closed, however students present that day will receive full credit for their attendance.

## **CONSEQUENCES**

The consequence for “negative” student behavior can result in any or all of the following:

Written up – letter is sent to the principal, parent/guardian, and a copy placed in the student file.

Phone call to parent/guardian

Conference with the parent or guardian

Suspension from PE for a period of one week

Parent/guardian must meet with the PE staff before student will be allowed back into class. Student will be sent to save room during the suspension period and work will be provided. During this time the student cannot participate in any PE activities or PSAL events.

PE staff will meet with parent/guardian and the student. PE will be dropped from the student’s schedule. Student will have to take PE classes after schools or during the Summer. The student will be banned from all PE activities or PSAL events.

## **NEGATIVE STUDENT BEHAVIOR**

Fighting, threatening students, inappropriate sexual behavior, destruction of school property, cursing staff or disruption of class.

**Threatening and/or physical violence against the PE staff will result in severe consequences (Expulsion from the gym).**

## **PSAL SPORTS**

Boys and Girls Basketball

Signed parental/guardian consent forms and a health form signed by your doctor are required to try out and play.

**In order to participate in any PSAL event students must pass PE and 3 academic subjects.**

## **GRADING**

Grading is based on a 10 point system. Each physical education day is worth 10 points:

**2 points for attendance**

**3 points for behavior**

**5 points for class participation**

**You must participate the entire period to earn all 5 participation points. Failure to do so will result in a lower total.**

Remember that 65 is a passing grade so you will need to earn at least 7 points a day in order to pass for the semester. Points will be totaled at the end of each semester to give students the grade they have earned.

It is the responsibility of the PE staff to provide a safe, enjoyable, and inclusive learning environment for all Manhattan High School students.

Should you encounter any problems or have any questions, suggestions, or concerns please speak to one of the PE staff available in the gymnasium.

If at any time you become angry or upset please notify one of the staff members present to assist you with the situation.

